

Crystals and Stones that Relate to Specific Body Parts and Disorders

ABSORBS ILLNESS

BLOODSTONE
CLEAR QUARTZ
MALACHITE

ABUSE ISSUES

MOONSTONE
RHODOCHROSITE

ADRENAL GLANDS

PERIDOT
SMOKEY QUARTZ

ARTHRITIS

FLORITE
TOPAZ

BALANCES CHAKRAS

TURQUOISE
CHRYSOCOLLA

BLOOD DISORDERS

AVENTURINE
BLOODSTONE
GARNET/RED

COLON

CITRINE
OBSIDIAN/BLACK

DEPRESSION

KUNZITE
QUARTZ/RUTILATED
QUARTZ/SMOKEY
QUARTZ
TOPAZ

EYE STRAIN

CALCITE/TRANSPARENT
EMERALDS

FEAR ISSUES

AQUAMARINE
CHRYSOCOLLA
SODOLITE
TOPAZ

FEMALE ISSUES

CHRYSOCOLLA
MOONSTONE
PHODOCHROSITE

FERTILITY

LAPIS LAZULI
QUARTZ/ROSE

FLUID RETENTION

AQUAMARINE

GROUNDING

BLOODSTONE
FLORITE/ALL COLORS
HEMATITE
QUARTZ/SMOKEY
QUARTZ/TOURMALATED
SODOLITE
TOURMALINE/BLACK
TOURMALINE/GREEN
TIGER'S EYE

GALL BLADDER

CITRINE
TOPAZ

HEART/CARDIO-VASCULAR

BLOODSTONE
FLORITE
JADE
KUNZITE
MALACHITE
PERIDOT
TOURMALINE/GREEN

HYPER-ACTIVITY

QUARTZ/TOURMALATED

IMMUNE SYSTEM

CITRINE
EMERALD
JADE
QUARTZ/RUTILATED
RUBY

INFECTIONS

AGATE/BLUE LACE

KIDNEY

CITRINE

JADE

QUARTZ/ROSE

KUNDALINE

BLOODSTONE

GARNET/RED

LIVER

CITRINE

PERIDOT

TOPAZ

LUNGS/RESPIRATORY SYSTEM

CHRYSOCOLLA

TURQUOISE

LYMPH SYSTEM

AGATE/BLUE LACE

SODOLITE

MENTAL PROCESSES

AGATE/BLUE LACE

AMETHYST

AQUAMARINE

AZURITE

CALCITE/GREEN

CELESTITE

DIAMOND

FLORITE

LAPIS LAZULI

PERIDOT

RODOCHROSITE

NERVOUS SYSTEM

MOONSTONE

OBSIDIAN/GOLDEN SHEEN

SELENITE

SODOLITE

TURQUOISE

OPENS CHAKRAS

DIAMOND – ALL

KUNZITE – FOURTH

LAPIS LAZULI – ALL

TOPAZ – SEVENTH

PANCREAS

MOONSTONE

PERIDOT

QUARTZ/CLEAR

TIGER'S EYE/YELLOW

TOURMALINE/GREEN

PITUITARY AND PINEAL GLANDS

AMETHYST

GARNET/RED

MALACHITE

MOONSTONE

SUGILITE

TOURMALINE/GREEN

SKELETAL SYSTEM

BLOODSTONE

LAPIS LAZULI

SLEEP DISORDERS

MALACHITE

SPLEEN

AZURITE

BLOODSTONE

HEMATITE

MALACHITE

MOONSTONE

PERIDOT

QUARTZ/CLEAR

TIGER'S EYE/YELLOW

TOPAZ

TOURMALINE/GREEN

STOMACH/DIGESTIVE SYSTEM

TOPAZ

PYRITE

MOONSTONE

STRESS

AVENTURINE

FLORITE

HAWK'S EYE

HEMATITE

MOONSTONE

PERIDOT

TOURMALINE/GREEN

THYMUS GLAND

AQUAMARINE
QUARTZ/CLEAR

THYROID GLAND

AZURITE
CELESTITE
CHRYSOCOLLA
LAPIS LAZULI
TOURMALINE/BLUE AND GREEN

VITALITY

LAPIS LAZULI
OBSIDIAN/GOLDEN SHEEN
RUBY
SULFUR
TURQUOISE

Reference: Crystal Visions, Veasey, Roxayne; Whitford Press, 1993 ISBN: 0-924608-15-3